



Holiday Gift Guide 2011 Phoenix Area Edition

Presented by:

Wild Boomer Women

An Instant Community of Baby Boomer Women

Living Their Bucket List Dreams!

www.wildboomerwomen.com

Save money on all of your holiday shopping by using the money saving coupons included in this guide.



**Welcome to our first annual Holiday Gift Guide.
It's a new way to shop for your holiday gifts.**

Section 1 lists our vendors who have included a money saving coupon to make shopping for the people on your gift list more affordable (don't forget yourself on your list). When you use the coupons, please mention that you saw it in Wild Boomer Women's Holiday Gift Guide. Some of the coupons expire 12/31/11 so don't wait to use them.

Section 2 is our nonprofit section. Most nonprofits need help more than ever around the holidays. We wanted you to know about the nonprofits that we support. A couple of them are not tax deductible, however we included them because they are teenagers who are raising money for their college education while giving back (see Maddy Rose and Winning My War with Hodgkin's).

Please feel free to forward this guide to anyone you think might be interested. You can include a link in your email or on any of your social networks. The link is: www.wildboomerwomen.com/holidaygiftguide

If you would like information about being in our next guide, please send us an e-mail. Happy Shopping!!

Sue Bareholtz
Queen of the Wild Boomer Women
P O Box 10295 ~ Phoenix, AZ 85064
602-790-0252

sue@wildboomerwomen.com ~ www.wildboomerwomen.com



SECTION 1

Find these coupons in the guide and use them for all your holiday gift purchases.

~

Romance 365 – 10% off

Invoking the Archangels Book ~ 20% off

Touch of Warmth Massage~ \$10 off any service

The Heart Link Women's Network membership – 25% off

Tuscany & Umbria Italy with Wild Boomer Women ~ 100.00 off

BodyNew MedSpa treatments ~ 50% off

Phoenix Theatre tickets~ \$5.00 off

Heart Wisdom Conference \$10.00 off

Bucket List Club Membership ~ \$10.00 off

Winifred Street art gifts ~ 10% off

Flamenco Dance for Women ~50% off

Temple Chai Judaica Shop ~15% off

ED Designs ~ 50% off

Lisa Dressman Ensemble ~10% off

Bella Total Skin & Body ~ \$20.00 off

Take Shape For Life ~ Two free weeks

Rachell Hall Permanent Makeup ~ \$50.00 off

Cherie Hayes Hair Design~ 10% off

Romance365.com

***Specializing in romantic gifts and
gift baskets for any romantic
holiday or special occasion.***



We carry only top of the line, made in the USA products. All of our gift baskets are custom made to order, guaranteeing fresh products.

***1-888-365-3653 - sales@romance365.com
We are located in Northern Arizona
and discreetly ship anywhere.***

***This Coupon Entitles you to 10% off your total purchase on the website
Visit www.romance365.com and enter code ROM10 at checkout.***

Expires 12/31/11

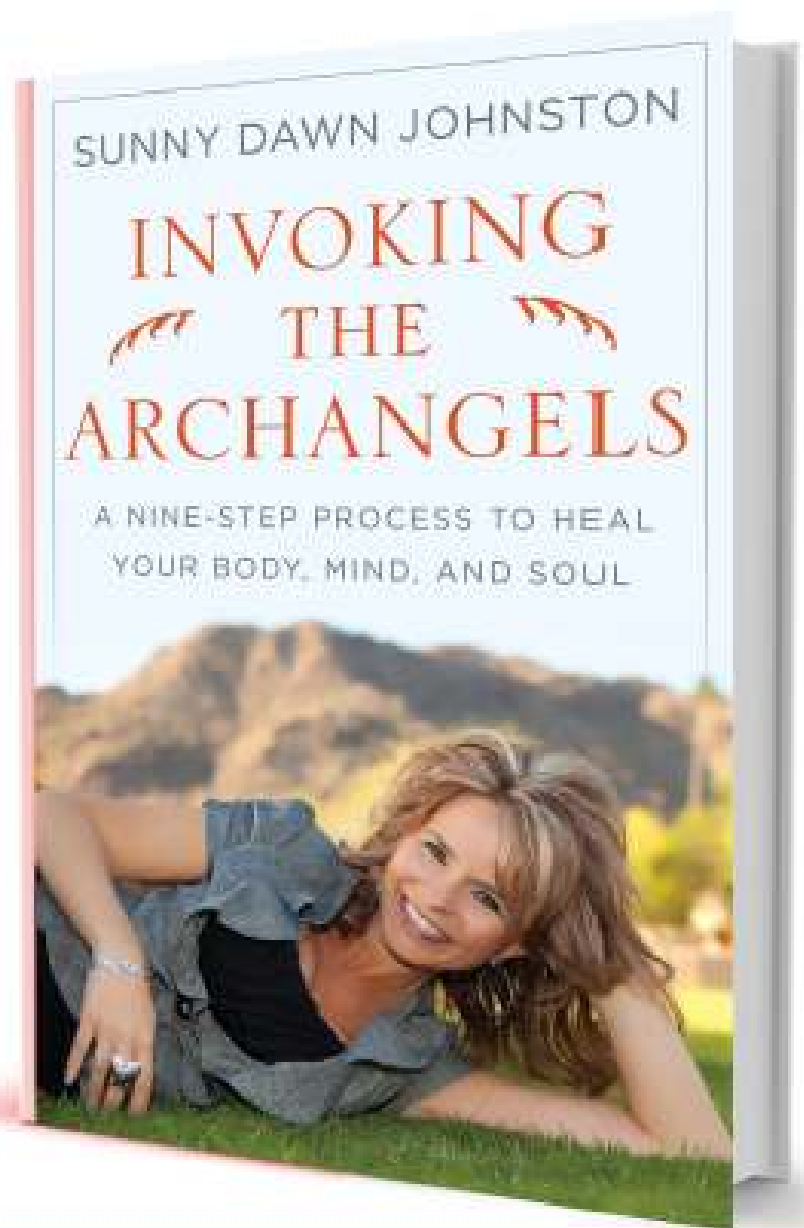
Wild Boomer Women Holiday Guide 2011

"Miracles are not only possible, they are necessary . . . And Sunny Dawn Johnston is a living testament to that reality."
—MICHAEL TAMURA, bestselling author of *You Are the Answer*

No One Is Truly Alone

Every person can, at any moment, call upon not only one Archangel but seven specific Archangels to bring blessings and protection—you just need to learn how to ask. In this instructional book, Sunny Dawn Johnston will show you how to call out to each individual Archangel, to know them by name, and to develop your own special relationship with every one of them. Sunny details the qualities, gifts, and traits of each of the seven Archangels, and in her heartwarming prose, she forms a clear picture of the abundant energy, vibration, and unconditional love that each of the Archangels have for us.

Through the inspirational Nine Steps, Sunny guides the reader from a place of low vibration, pain, or darkness into the healing light and everyday presence of the Archangels. She surrounds these teachings with vibrant, personal insights from her own story—including the poignant memories of when she herself first began to call out to the Archangels and opened herself to receiving their love and guidance. Read *Invoking the Archangels* to learn how to call upon the Archangels with an open heart and experience transformation of body, mind, and soul.



"Sunny Dawn Johnston is a beautiful expression of love." —SONJA CHOQUETTE, bestselling author of *The Answer Is Simple*

SHOP ONLINE ONLY AT SUNNYDAWNJOHNSTON.COM/SHOP

COUPON CODE: **holidays**

Coupon good now through December 31, 2011

One coupon code per customer

20%
OFF
**Invoking The
Archangels
Book**

Sunny Dawn Johnston
4640 W Redfield Road
Glendale, Arizona 85306
602.375.6788

www.sunnydawnjohnston.com/shop

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**15
Years
Experience!**



***"Your
Hand in
Health"***

Therapeutic Massage

Accident and Injury Cases, Fibromyalgia, Sports Massage ADD/ADHD,
Corporate Massage, Overall Health & Wellness

Hypnotherapy

Stop Smoking, Stress, Fears & Phobias, Anxiety, Success, Prosperity, Weight
Control, Chronic Pain, and Much More!

Give yourself or a loved one



The gift of health

\$10 OFF ANY SERVICE

Nina Laveson

6730 E McDowell Rd Suite 120 ~ Scottsdale, AZ 85257

602-505-7673

www.atouchofwarmth.com
nllmt@atouchofwarmth.com

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*Climb to the
Highest Heights*



*The Heart Link
Women's Network*

Become a Stand Out Leader

Build Your Business

Apply in Nov or Dec

and save 25%

www.TheHeartLinkNetwork.com

Tuscany & Umbria, Italy

September 30 – October 7, 2012

Join Wild Boomer Women for A Bucket List Trip of a Lifetime!



*An Instant
Community of
Baby Boomer
Girlfriends
Living Their
Bucket List
Dreams!*



THE HIGHLIGHTS

- ✓ Learn the secret techniques of Italian cooking at your hands on class
- ✓ Visit an olive oil mill where the women are in charge
- ✓ Give in to temptation at a chocolate tasting in the city of Perugia
- ✓ Shop for Italian antiques at the most unique fair in Arezzo
- ✓ Visit a local fashion designer and shop for cashmere
- ✓ Marvel at the idyllic setting of your farming estate where you'll enjoy typical Umbrian cuisine
- ✓ Breathe in history and culture as you enjoy privately guided tours in Perugia and Siena
- ✓ Taste local wines (Sagrantino, Chianti and Vernaccia) then taste again...
- ✓ Have the time of your life laughing with the new girlfriends you will make.



Queen Sue Says...

TRAVEL WITH US WILD BOOMER WOMEN STYLE

Come by yourself and the first night you will have a room full of new girlfriends. We have our fun way of getting to know each other and before you know it, you'll be laughing and sharing the stories that bond us as baby boomer women.

This is a more relaxed, slower paced trip than your typical very scheduled, on and off the bus tours. Wild Boomer Women trips offer some days with guided tours and some days where we are dropped off in the middle of a city, get a map and a list of must see locations, then we get to explore on our own, at our own pace.

Please join us if you are a fun, positive woman who can go with the flow if plans or times change. We hope they don't but excitement happens when you don't plan for it.

THE PRICE

\$2,850 per person, based on double occupancy

\$250 for single supplement

\$100 discount if you book with deposit by 12/31/11

Additional \$50 discount for Bucket List Club Members

PAYMENT PLAN:
\$400 deposit holds your spot.
Full payment due: August 30, 2012.

Detailed itinerary is available.

SAVE \$100

IF YOU BOOK (WITH \$400 DEPOSIT) BY 12/31/11

For more information go to www.wildboomerwomen.com
or contact Sue @ sue@wildboomerwomen.com or 602-790-0252

Body Sculpting Center's

bodynew medspa

BodyNew MedSpa is the Valley's premiere MedSpa, integrating traditional spa and aesthetic treatments along with medical aesthetics in a soothing, relaxing environment. BodyNew's treatment offerings are unmatched in the valley.

Services Offered:

Thermage	Tattoo Removal
PhotoFacial	Portrait PSR3
MicroLaser Peel	Regenique
Levulan w/ Blue Light Therapy	Microdermabrasion
Botox	Permanent Makeup
Restylane	Fraxel
Perlane	Chemical Peels
Radiesse	VelaShape
Juvederm	Accent XL
Sculptra	Laser Hair Removal
Cosmoplast	Sclerotherapy
Hyperbaric Oxygen Treatments	Eyelash Extensions
Depigmentation Treatment Mask	Lyposage
Echo Oxygen Facial	Body Wraps
Dermaplane Exfoliating Facial	Massage Therapy
Dermaplane Cryo Facial	



This coupon entitles you to 50% off an Avima Signature Peel

Regular Price: \$250 - Discounted Price \$125

BodyNew MedSpa
2255 North Scottsdale Road
Scottsdale, Arizona 85257
602.BODYNEW (263.9639)
www.bodynew.com

EXPERIENCE **ph**X THEATRE



A CHRISTMAS STORY **NOVEMBER 23 - DECEMBER 18**
THE MARVELOUS WONDERETTES **JANUARY 11 - FEBRUARY 5**
GYPSY **MARCH 7 - APRIL 1**
DREAM A LITTLE DREAM **APRIL 25 - MAY 20**

Urban Oasis Cafe and...
LIVE music before shows
INTIMATE THEATRE EXPERIENCE
SUBSCRIPTIONS STARTING AT \$99

BOX OFFICE

602.254.2151

\$5.00 Off

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Tickets to any 2011-2012 Mainstage Production*

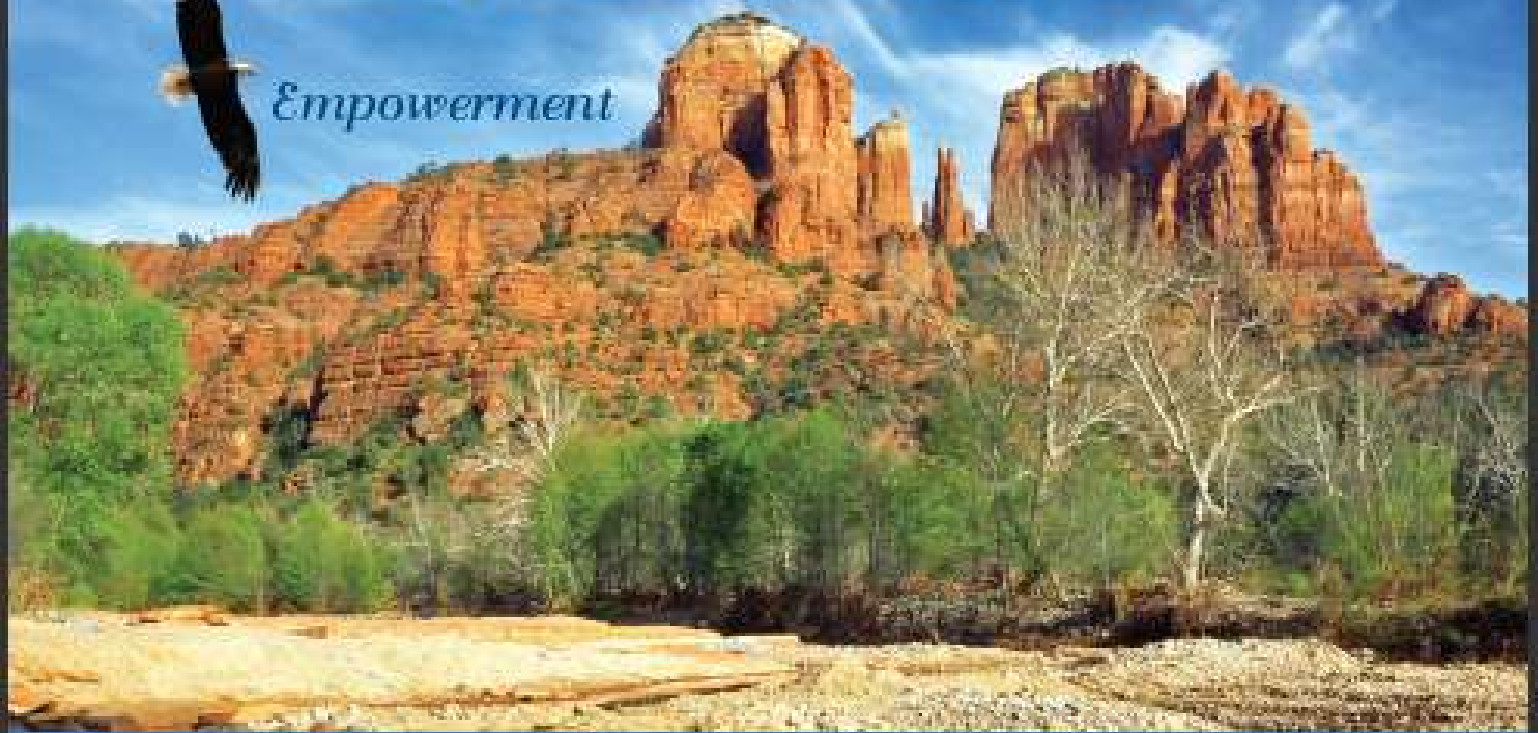
*Subject to availability. Good for up to 2 tickets. Mention "Wild Boomer" at the box office.

Heart Wisdom Conference

Sedona, Arizona • March 2-4, 2012



Empowerment



Motivating, inspiring workshops!

Fabulous unique exhibitors!

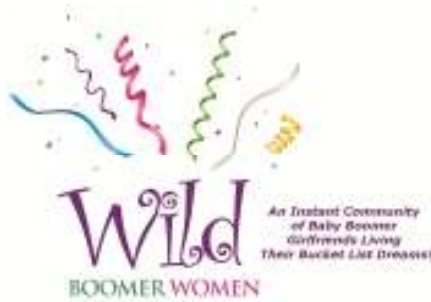
*Conversations & workshops with your favorite
keynote speakers & other renowned presenters!*

**Call 928.282.2450 or toll free 866.304.8700 for details
StellarProductionsLive.com**

SPECIAL COUPON

**\$10 off conference ticket ~ \$325 regular seating
or \$375 preferred seating as space available.**

Check only, coupon must accompany registration.



JOIN THE BUCKET LIST CLUB

AND LIVE OUT YOUR BUCKET LIST DREAMS

Greater Phoenix Area Only ~ Other Clubs Opening Soon

*Give the Gift of Fun and Friendship
To the Baby Boomer Women in your Life*

Do You Need More Fun In Your Life?

**See if you can find yourself in any of
these situations:**

I'm suddenly single and want find to find
friends to go out with

My husband/partner travels or doesn't
like to go out

My kids now have their own lives and I
have all this time on my hands

I've retired and all my friends still work

I've moved and don't know anyone

I work all the time and never have any
fun

I travel frequently for work and wish I
had someone to go out with while I'm
there

I wish I had someone to go with
to the mall, movies, dinner concerts,
theatre, vacation, fun events etc.

If you answered yes, or had to think
about it, Wild Boomer Women is for
you. It's all about laughter, friendship,
having fun and finally putting yourself
first.

Member Benefits

Our members realize the benefits of being a member of the club. They love the idea that they can click on our calendar, select the events they want to go to and just show up. Everything has been planned and organized for them and they can be assured that they will have a room full of girlfriends by the time they leave.

Membership includes Access to our monthly member's only events. These events are posted on our website calendar and are reasonably priced or free. These monthly events include:

FUNcheons (fun luncheons and quarterly fundraising luncheons)

Happy Hours with fascinating guest speakers -
Fun Classes including wine education and tastings, crafts and jewelry making, everything about men and other things you want to learn about

Bucket List Adventures – think living your bucket list dreams – we take your suggestions and plan things like hot air ballooning, simulated sky diving, gun practice, etc.

Isn't your social life and your sanity worth it?

\$10 off of annual membership

Only \$49 with coupon

Go To: www.wildboomerwomen.com

Expires 12/31/11

WINIFRED STREET

Message Art by Terry Parvan

Passionately Sharing my Voice and
Message through Art

BELIEVE
in your heart

AS SEEN ON ABC 15
SONORAN LIVING LIVE
AUGUST 15, 2011

Product information, retail
partners & workshops at:

www.winifredstreet.com

www.facebook.com/terry.parvan

tparvan@cox.net

602-751-9088

10% OFF
ANY CLASS FEE
OR ART PURCHASE

Expires 12/31/2011

FLAMENCO DANCE FOR WOMEN OVER 50

BY A WOMAN OVER 50



Linda Machado
Professional Flamenco
Dancer & Instructor

DARE TO BE THE BEST YOU HAVE EVER BEEN AND
GET IN TOUCH WITH YOUR PASSION!

FLAMENCO DANCE REWARDS YOU
WITH A TONED BODY, IMPROVED
BALANCE AND COORDINATION,
SHARPER MENTAL FUNCTION
PLUS A BOOST TO YOUR ENERGY!

LINDA MACHADO
FLAMENCO!...THE STUDIO
2440 W. MEDTRONIC WAY, STE. C
TEMPE, AZ 85281
480.205.1658
WWW.FLAMENCOTHESTUDIO.COM

This coupon entitles you to 50% off a \$50 Introductory Flamenco dance class designed just for ladies over 50, no partner is necessary. Coupon to be used only at Flamenco!...the Studio in scheduled "Doñas con Duende" Introductory Flamenco Dance Group Classes.

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Flamenco!...the Studio – Tempe, AZ
www.FlamencoTheStudio.com
machado@iberiaole.com

50% OFF

Expires 12-31-12

TEMPLE CHAI JUDAICA SHOP

The place to shop for Judaica, jewelry, B'nai Mitzvah, wedding, birthday, baby, holiday, anniversary gifts and beautiful items to grace your home and thrill your hosts. Many items designed by Israeli artists. Distinctive array of life cycle Judaica pieces are available to purchase or order. Invitations and personalized kippot may be ordered through the shop at a great savings for you.



CHANUKAH IS ON ITS WAY!

We carry a large assortment of menorahs, candles, decorations, wrapping paper, latke trays, toys, hostess gifts

Gelt and dreidles: from children's plastic ones to beautiful ones to add to your collection.

Contact Joan Neer for more information and/or an appointment at 602-971-1234 or jneer@templechai.com

4645 East Marilyn Road, Phoenix, Arizona 85032



**15% off one non-sale priced item.
Offer good until September, 2012.**



“BD Designs never fails to complete
my outfit”
---Jodi

COUPON

50% off any one beaded bracelet

BD  **DESIGNS**

Wild Boomer Women Holiday Guide 2011

contact via email: BD_DESIGNS@YAHOO.COM

LISA PRESSMAN ENSEMBLE LIVE MUSIC FOR YOUR HOLIDAY EVENTS



Photo of Lisa Pressman by W. Scott Mitchell. Courtesy of USA Hosts/CircaAZ.

SOLO PIANO, SOLO GUITAR, DUOS, TRIOS...

The Lisa Pressman Ensemble has the perfect selection of music services for Special Event live music, Corporate Event live music and Wedding live music in Arizona with an ideal blend of Jazz, Pop, Southwest and Classical Instrumental and Vocal music.

Listen online at www.OpusFromus.com/events

LISA PRESSMAN ENSEMBLE OPUS FROMUS INC.

THIS COUPON ENTITLES YOU TO A **10% DISCOUNT** OFF OF YOUR TOTAL INVOICE FOR LIVE MUSIC BY LISA PRESSMAN. YOUR EVENT MUST BE CONTRACTED AND TAKE PLACE BY DECEMBER 31, 2011.

602-906-4060 LISA@OPUSFROMUS.COM
WWW.OPUSFROMUS.COM/EVENTS

Dates are subject to availability. Not redeemable for cash. EXPIRES December 312011.

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SERVICES

***“PERFECT FOR ALL
YOUR SKIN CARE
NEEDS”***

- *Microdermabrasion*
- *Micro Needle Therapy*
- *LED Light Therapy*
- *Peels*
- *Anti-Aging Facials*
- *Waxing*
- *Take Shape for Life -
Weight Loss Program*

Bella Total Skin & Body
3936 E. Chandler Blvd.
#116
Chandler, AZ 85048
480-706-8077

*Looking for the Perfect Gift?
Gift Certificates Available!*

This was an incredibly relaxing & rejuvenating experience, can't wait to do it again! - Krystal

HOLIDAY SPECIAL

**This Coupon entitles you to \$20.00 OFF
your next regular priced Facial Treatment**

Expires January 1, 2012

Wild Boomer Women Holiday Guide 2011



Take Shape For Life.

**NO PROGRAM FEES
OR
CONTRACTS !**

featuring  **Medifast**
Meals

"In Order to Change
Your Life.....
You Have to Change
Your Lifestyle!"

Dr. Wayne Andersen

Give Yourself or
Someone you
Love, the Gift of
Health this
Holiday Season!

Contact Sue Collins @ (602) 502-2175

Email: coachsueaz@aol.com

www.FitFabulousYou.tsfl.com

"I can't believe I lost 43 lbs so quickly & easily, and the best thing was my sugar levels are normal again" - Annie

HOLIDAY COUPON SPECIAL!

Get Two Free Weeks of Meals (\$150.00 value) *, Free Shipping*
PLUS 10% Discount for first Month of Program & 5%+ thereafter*,

Your Very Own "FREE" Personal Health Coach Assigned to You!

*For New Client's, signing up for 60 days of program & becoming "Be-Slim" Club Members

PERMANENT MAKEUP

FOR A TIMELESS LIFESTYLE THAT TAKES NO TIME AT ALL



CLASSIC BROWS

ELEGANT
EYELINER

LUSCIOUS
LIPS

Wouldn't you love it if
you never had to put on
makeup again?

Look great from the
moment you wake up
until the moment you
go to sleep.

Impossible?
Well it isn't!

Permanent
makeup is your
answer!

RACHELL HALL™

CLASSIC BEAUTY PERMANENT MAKEUP

CALL 1-800-343-FACE (3223) FOR YOUR FREE CONSULTATION

"My brows always went straight across and they were getting really thin. Thanks for giving me perfect eyebrows." - Sue

This coupon entitles you to \$50.00 off
any eyebrow, eyeliner or lip treatment.

Wild Boomer Women Holiday Guide 2011

Rachell Hall Classic Beauty Permanent Makeup

8320 North Hayden Road, Ste 106, Scottsdale, AZ 85258

800.343.3223 www.classicbeautymagazine.com

\$50.00

Expires 12/31/11

SHERIE HAYES

Hairdresser at Cherry the Salon



Ready for a new do?

How long have you been wearing your current hairstyle?

Are you ready for a change?

Specializing in updates, makeovers, and artistic hair color to help you be your BEST!!

Curly, fine, gray, whatever your hair is, I will create and teach you how to style and maintain a look that is perfect for you!

6102 N. 16th St. Suite #5 - Phoenix, AZ 85016

602-285-9900

Consultation color/Cut style

Regularly \$150.00

Now though 2-14-12 receive 10% off.

First time visit only



SECTION 2

At Holiday Time we also want to remember our nonprofit friends. Please consider buying a gift or donating to their cause for your end of year donations.

~

Wining My War with Hodgkin's

Maddy Rose Art

**Bridging the Gap...
Between Breast Cancer and Beauty**

Aid to Adoption of Special Kids ~ AASK

Gabriel's Angels

PLEASE SUPPORT “Winning My War with Hodgkin’s”

Josh was only 16 years old when he was diagnosed with Hodgkin’s Lymphoma. He and his mother Talya started a blog and website to help others by raising awareness about this disease.

Most people, doctors included, don’t know how to recognize the symptoms of this cancer.

Josh, who is an artist, did a lot of drawing and painting during his chemo sessions and months of radiation.

He did this as a way of documenting his feelings



Josh’s dream is to one day become a surgical oncologist as well as to do research that will help find a cure for hard to treat cancers.

His single Mom stopped working when Josh was diagnosed with cancer.

Since Josh went into remission he started to talk about creative ways that he could earn money to help pay for his college education.

Josh and his Mom came up with an idea to create T-shirts of Josh’s paintings. We hope that you like what you see and order a T-shirt for yourself, a friend, or one of your kids.

Josh is shown modeling two of his own t-shirt designs. You can find out more and purchase t-shirts by going to:
<http://winningmywarwithhodgkins.weebly.com>



Maddy Rose

Original Artwork

[Facebook.com/MaddyRoseArtist](https://www.facebook.com/MaddyRoseArtist)

□ Maddy Rose is a child artist interested in bringing together her love of art and her desire to help others.

Please visit [Facebook.com/MaddyRoseArtist](https://www.facebook.com/MaddyRoseArtist) to view □ her current offerings, or browse previously sold pieces. Do you like a painting that has already been sold; or, would you like to discuss a custom piece of artwork? Let Maddy know how she can create a special piece of art just for you!

602.402.0444

Give the gift of art, and help a charity at the same time!

Maddy Rose donates 20% of all her proceeds to the **100 Club of Arizona.**

MR

Bridging the GAP... Between Breast Cancer & Beauty

Bridging the Gap foundation is the only organization created to educate, empower and assist women with their COMPLETE aesthetic recovery after breast cancer.



Bridging the Gap... Between Breast Cancer and Beauty is dedicated to giving women that "I feel like a complete woman" feeling again. When women have survived the horrible ordeal of breast cancer and the surgeries that follow, we do not want them left unfinished, but complete, whole and beautiful once again. Please support our cause with your tax deductible donation by going to our website at:

www.beeinvolved.org

Help brighten a foster child's holiday season...

Donate a toy, deliver a smile!



By donating a toy through AASK's Fostering Joy holiday toy drive, you will be helping Arizona's foster children experience the joy and excitement of receiving a gift especially for them and knowing that someone cares.

You can help make a child's holiday season by purchasing a gift for a boy or girl (ages 1 to 18). Bring your unwrapped gift in a holiday bag by December 9th to one of the AASK office locations:

2320 N. 20th Street, Phoenix
OR
15396 N. 83rd Avenue, Suite A100, Peoria

Questions? Please contact
Melissa Gable at mgable@aask-az.org.

**Thank you for your support of
Arizona's foster children!**

aask

Aid to Adoption of Special Kids

aask-az.org | 2320 N. 20th St. Phoenix, AZ 85006 | 602.254.AASK | info@aask-az.org

AASK is a 501(c)3 nonprofit organization

Unleash
the Love
**END THE
ABUSE**

unleashthelove.org
A GABRIEL'S ANGELS INITIATIVE

13,000 abused, neglected
and at-risk children
count on Gabriel's Angels.



We count on you.

*At PetSmart, we know well the power of the
bond between pets and people.*

*We're proud to partner with Gabriel's Angels
to bring the gift of loving and supportive pets
into the lives of some very deserving children.*

**Phil Francis
Executive Chairman
PetSmart**



Sponsor a Pet Therapy team today.

Gabriel's Angels harnesses the power of Pet Therapy and
the unconditional love that animals are so ready to give
to make a difference in the lives of children.



Please help us make a difference. Donate online @ unleashthelove.org.