



*An Instant Community of Girlfriends,  
Events & Activities For Baby Boomer Women  
June - July 2009*

*You were once wild. Don't let them tame you!  
Isadora Duncan (1877-1927)*

## And The Winner Is.....

**Welcome New Members.** Four new members took advantage of winning a free month of membership by joining the new three month membership option during our membership contest. Congratulations Donna Greenberg, Linda Perkins, Traci Lee Redfren and Mary Daenzer. We also welcome new members Arleen, Debra and Nina who joined last month. Although we were offering a one year free membership to the member who referred the most new members, all new members came on their own, so we will run the contest again next quarter.

As mentioned in our last newsletter, we now have three membership options. The best value is still \$10 per month if you join by selecting the six month membership. Quarterly membership is \$13 per month and month-by-month membership is \$15. Those who are already members and maintain their membership will always pay the same amount as when they first joined. New members who want to attend a Members Only event must join for a minimum of one quarter in order to attend.

**DONT' FORGET TO USE YOUR MEMBERSHIP BENEFITS:** All members should reserve Thursday, July 3 from 5:30 - 8:30 pm for the next Members Only Party (details below). Also check the calendar for reduced member fees on some events. For those who have a business or something to promote, please send us your website address (or email) and the category you would like to be listed under so we can link your website to our Favorites Page. Finally, you can post up to two events per month on our calendar. If you have any questions about your member benefits, please contact Queen Sue at [sue@wildboomerwomen.com](mailto:sue@wildboomerwomen.com).



## **MEMBERS ONLY PARTY - THURSDAY, JULY 3 - 5:30 - 8:30.**

Ooh, la, la - it's time to channel your inner Coco Channel. Yes, we are celebrating everything French with Rachell Hall and friends at Classic Beauty on Champagne Lake. They have a very fun evening planned for us.

Preview the La Vie En Rose facial treatment by experiencing the effects of fresh and delicate rose petals infused with natural hyaluronic complex by getting a complementary hand treatment during the evening. All guest of the evening will also receive \$300.00 in gift certificates towards the latest classic beauty clinical procedures.

Be one of the lucky women to win these three amazing prizes...

La Vie En Rose Facial - \$150.00 value

Microdermaplaning - \$125 value

Permanent upper eyeliner - \$300 value

Champagne cocktails, munchies, gift bags, mystic readers and much more. You don't want to miss this great party. Don't forget to register. Just [click here](#).

If you are not currently a member and want to attend this event, please [click here](#) and Select the three month membership plan.

## **The Adventures of Queen Sue**

*When a Great Adventure is Offered, You Don't Refuse It.*

*Amelia Earhart (1898 - 1937)*

Yes, I am on an adventure. In May, I sold most of my furniture and belongings and went to Sedona for the month of June. It is so beautiful and peaceful here, not to mention much cooler than Phoenix. In July I'll be on a European journey to Ireland, England and other places as yet unknown to me. If you want to follow my adventures, please sign up to receive my blog at [queensue50.blogspot.com](http://queensue50.blogspot.com). I'd love to see your comments on my posts.

I will be back in Phoenix frequently for Wild Boomer Women events and will also be starting chapters in Sedona, Cottonwood, Flagstaff and Prescott. If you know of potential Wild Boomer Women in those areas, please forward this newsletter to them (using the link above, so they can sign up for the newsletter).

I will also be holding retreats in Sedona and around the world so you will always be able to attend those. Between my blog and this newsletter, you will be kept up to date about Wild Boomer Women events and my adventures. This newsletter will cover the remainder of June as well as July when I'll be out of the country. If you haven't already signed up to receive notification whenever a new event is posted to our calendar, please go to [meetup.com/wildboomerwomen](https://www.meetup.com/wildboomerwomen) and sign up for our meetup group.



### June & July Events:

To find out more about these events, [click here.](#)

**June 20 - 7:00 PM** - Summer Solstice event in Sedona - Join Queen Sue - Sedona Creative Life Center

**June 20 - 11am - 1pm** - Discover the Optimal Health Secrets of Raw Food From Garden to Table to Body FREE with WBW Doreen the Garden Goddess.

**June 24 - 6:30 PM** - Savvy or Sassy Workshop: A New Approach to Finding the Right Guy with Dr. Rhonda Weaver and WBW and Dating Expert Joann Cohen.

**June 27 - 10:00 am** - FREE Dance Sampler! If you haven't had the chance to try out ExpressMie's fabulously fun dance fitness classes yet, here's your chance to try them out for FREE with WBW Joann Cohen.

**June 30 12:00 noon** - FREE Lunch and Learn, hosted by WBW member Sherry Fritz with special guest speaker of the month Russ Warrington, personal trainer and owner of Whole Self Fitness.

**July 1 - 5:00 PM** - Hand Picked Happy Hour - Join Queen Sue at this monthly event - Scottsdale Resort & Conference Center

**July 2 - 5:30 - 8:30 PM** - Quarterly Members Only Party - Classic Beauty at Champagne Lake

**July 6 - 6:30 pm** - 6 Ways to Save Money in the Garden with WBW Doreen - the Garden Goddess

**July 12 - 6:00 PM** - Second Sunday Summer Wine Series benefiting Kidstar Radio Network - FireSky Resort & Spa

**July 31 - 7:00 PM** - Four Nutrition Secrets that Could Help Save Your Life, hosted by WBW member Sherry Fritz - with Susan Silberstein, Ph.D.

To find out more about these events, [click here.](#)



## Welcome Wild Boomer Women Sedona

Greetings women of Sedona and the Verde Valley. You are the second official chapter of Wild Boomer Women. Please plan to attend our first event on Friday, August 7 at 7pm - Meet and Greet - Wild Boomer Women Style. If you haven't already signed up at our meetup site, please go to [meetup.com/wild-boomer-women-sedona](https://www.meetup.com/wild-boomer-women-sedona) so you can receive updates on all of our events and activities in the area. You are always welcome to attend any of our events in the Greater Phoenix Area as well and you can sign up to receive those notices at [meetup.com/wildboomerwomen](https://www.meetup.com/wildboomerwomen). Greater Phoenix women, please feel free to join us in Sedona anytime.



Hope to see you at an event soon. If you have any suggestions, please contact me. [Sue Barenholtz](#), Queen of the Wild Boomer Women