

March
2009



An Instant Network of Girlfriends, Events & Activities
For Women Over 40

 Forward to a Friend

News From Queen Sue



We have so many exciting things in store for you - starting with:

MEMBERS ONLY EVENT!!!!

Have you been thinking about becoming a member of the WBW Membership Club? Now is the time. Our next quarterly members only event is Sunday, March 29 at the beautiful FireSky Resort & Spa. You will enjoy appetizers and soft drinks by the pool in our own cabanas. Spa treatments are being discounted for us that day. Kate McDavid, Spiritual Response Therapy (SRT) Practitioner Life Coach, and Theta Healer will be offering readings by the pool for only \$10. SRT is a process for researching your subconscious mind and soul (Akashic) records from your past lives. The goal is to help determine what limiting beliefs are holding you back from getting what you really want out of life. Once those beliefs are identified, they are replaced with loving and supportive programs. With these new ideas in place it clears the path for you to create the life you have envisioned for yourself.

In order to attend this fabulous event, you must be a paid member of Wild Boomer Women. Please go to wildboomerwomen.com and click on membership. Membership is only \$9.95 per month

Did you miss our Wild Boomer Women of the Month on the radio in February? Listen to Queen Sue interviewing WBW Janice Palmer. Janice is an attorney specializing in family law and bankruptcy. [Click here](#) to listen to Janice's interview (scroll down to - Life's Good - Sue Barenholtz - 2/28/09).

Please feel free to forward this newsletter to a friend by using the "forward to a friend" link in the heading of this newsletter.

As always, if you have an event or activity you would like to do, please let me know about it. Email [Queen Sue](#). I hope to see you at an event soon.

March & April Events

Don't miss these events and activities. Events are being added daily. For details on all of the following events, please click on [our calendar of events](#).

If you would like to receive notification every time an event is posted, please make sure you are registered at [our meetup site](#).

HIGHLIGHTED EVENTS:

WBW In the Pride Parade

- [Saturday, April 18](#): Join us as we march in support of equal rights for all. Let's show them what Wild Boomer Women is all about. Want to help plan what we should wear, carry, etc.? Please join us [Friday, March 27](#) in person or via conference call to give us your ideas.

Speed Dating with WBW - [Monday, April 20](#): This event is presented by Speed Date Phoenix, a great company who really know how to make this event fun and attract quality guys. We only have room for 12 women, so sign up now.

Our other upcoming events include:

[Thursday, March 26](#) - Girls Night Out Shopping Extravaganza.

[Saturday, March 28](#) - Listen to Queen Sue on The Perfect Game Radio Show from 12:30 - 1:00.

[Saturday, March 28](#)

- What to do in your Garden for April hosted by WBW Doreen Pollack, The Garden Goddess.

[Saturday, March 28](#)- Primp & Party Workshop hosted by WBW Joann Cohen.

[Wednesday, April 1](#) - Celebrate April Fools Day with us and several other groups - information coming soon.

[Saturday, April 4](#) - Your Fitness Prescription, hosted by WBW Sherry Fritz.

[Friday, April 10](#) - Arizona Theatre Company's Girls Night Out - Somebody/Nobody

[Saturday, April 11](#) - Lose 20 pounds with Sherry, hosted by WBW Sherry Fritz.

[Sunday, April 19](#) - Monthly Minding Your Vision - topic listed soon.

For details on these events, please click on [our calendar listings](#).

WILD BOOMER WOMEN NOW ON FACEBOOK!

Are you on Facebook yet? Wild Boomer Women is. Go to [facebook.com](https://www.facebook.com) (this link should take you directly to our page but if not, enter Wild Boomer Women to find our group). Join the group on Facebook (and forward it to your friends) to find out about new events and activities.